

# ACTS 4:23-31

## PAUL AND PRAYER

When we think about Prayer its often about sitting quiet and still with God, but there are so many other ways to pray.

In this part of the Bible we see Paul and his friends showing us how they pray together. In some versions of the bible it says ' they prayed in wonderful harmony' in others it says ' they prayed as one' or 'were united in prayer'... what we can see in this was it certainly wasn't a quiet sort of praying! There is something special about taking the things that worry us and praying together as a group.

In fact throughout the Bible we are reminded of the power of prayer and how we can use it to ask God for help for each other as well as when we are mad, angry, sad, worried, happy, thankful and joyful!



### When should we pray?

The answer is simple...All the time. Whenever and wherever we can. Jesus taught his disciples in a parable "about their need to pray continuously and not to be discouraged." — Luke 18:1

So what can you pray about? Here are some ideas to get you going on a week of prayer. Use them as a team. Who will be the first to get four in a row?

Something you need	Birds	My Teacher	My Church
Animals	My Friend	For something good	My Family
End of war	Fish	Someone ill	World Leaders
My Countries Leaders	Someone Sad	Insects	Someone hurting

